

# Motivational Leadership Creating Winners in the Workplace

17.5 CPD Hours

**AFTERNOON: 1:30 P.M. – 5:00 P.M.**

Or

**EVENINGS: 6:00 P.M. – 9:30 P.M.**

**\$2200.00 USD**

## Overview

Dr. Mol's approach tackles the real challenges managers face—especially people-related issues like low motivation, weak dependability, and underperformance. While many managers receive technical training, few are taught how to manage people effectively. This seminar fills that gap with practical frameworks, proven techniques, and actionable insights managers can apply immediately to build stronger, more motivated teams.

## Program Structure

The Program consists of 5 on-line modules of approximately 3.5 hours in duration each delivered live, with interactive presentations facilitated by expert speaker Dr. Arnold Mol. This dynamic five-session program is designed to equip managers with practical, actionable tools to lead with greater confidence, elevate team motivation, and drive stronger performance across the organization. Through real-world strategies and expert guidance, participants will discover how to inspire their teams, strengthen workplace culture, and achieve lasting results. These interactive modules provide an excellent opportunity to meet and network with other governance practitioners from around the Caribbean Region.



### Session 1:

Understanding managerial beliefs and the theory of motivation



### Session 2:

Applying motivational theory in real-world scenarios, including group discussions and case study analysis



### Session 3:

Leadership fundamentals, allocating ownership, setting objectives, and delegating responsibility



### Session 4:

Extending leadership principles to personal life, evaluating performance, and building self-image.



### Session 5:

Managing non-performance, motivating through rewards, and planning implementation



## 1 SESSION 1

This session examines how a manager's personal beliefs shape their leadership style and influence team motivation. Participants will explore key motivational theories and complete a guided questionnaire to assess their own approach and identify areas for improvement.

## 2 SESSION 2

Participants will learn how to translate motivational concepts into practical action through group discussions, guided exercises, and case study analysis. The focus is on recognizing common workplace challenges and applying effective strategies to boost engagement and performance.

## 3 SESSION 3

This session covers essential leadership skills such as setting clear objectives, allocating ownership, and delegating responsibility effectively. Attendees will learn how to empower their teams, strengthen accountability, and improve communication to support consistent performance.

## 4 SESSION 4

Participants will explore how leadership principles apply beyond the workplace by focusing on self-evaluation, decision-making, and building a strong self-image. The session highlights personal habits and mindsets that enhance effectiveness both professionally and personally.

## 5 SESSION 5

This session equips managers with practical approaches for addressing low performance and guiding team members toward improvement. Participants will also examine reward strategies that drive motivation and create a positive, high-performing work environment, ending with an implementation plan.

### Participants will leave with:

- Improve performance management responsiveness
- Inspire success-driven behavior in their teams
- Apply leadership models and strategies
- Enhance self-motivation and confidence

Dr. Mol brings decades of experience as a professor and consultant, and his seminars have been described as transformative by past attendees. His methods have proven effective across various industries and cultures. Each session blends theory with practical application, including group discussions, case studies, and role-play exercises.





## **Dr. Arnold Mol**

Management Consultant, Author, Motivator of People

Arnold matriculated at Kimberley Boys High and attended the universities of the Orange Free State, Port Elizabeth and Pretoria. He taught for 16 years at the University of South Africa where he held the position of professor in Business Management and is currently in private practice as a management consultant. He has written several books on the topic of Motivation, Parenting and Marriage, and frequently addresses businessmen, teachers, parents and couples on these subjects.

He and his wife, Joy, regularly present Family Life seminars throughout South Africa. They live in Pretoria and have three married children and ten grandchildren. They are actively involved in their church and frequently conduct Bible studies for church groups.

He is perhaps best known for his work on the motivation of people in their work situation. Since 1978 he has conducted more than 900 training courses for managers in commerce, industry, and agriculture in every part of South Africa. (as well as in America, Europe, Asia and other African countries). The successes in this field have been the topic of several television programmes as well as numerous magazine articles.

## **CONTACT US**



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**Dr. Chris Bart**  
(FCPA, F.CIoD, C.Dir)

Dr. Chris Bart is the Chairman and Co-Founder of the Caribbean Governance Training Institute and Co-founder and Chairman of the Caribbean Institute of Directors. He is also the Founder of The Directors College of Canada, where from its inception in 2003 to 2013, he served as its inaugural Principal and Lead Professor. Currently, Dr Bart is the CEO of Corporate Missions Inc – an international consulting firm dedicated to helping organizations excel in the execution of their strategies. He has also authored several books including the 10 year Canadian business best seller, “A Tale of Two Employees and the Person Who Wanted to Lead Them” as well as the widely acclaimed publication: “20 Essential Questions Corporate Directors Should Ask About Strategy” – 3rd Edition”.

A retired Professor of Strategy and Governance, Dr. Bart currently serves as Associate Editor of the International Journal of Business Governance & Ethics and he continues as a Research Fellow of the Asian Institute of Corporate Governance at Korea University.

He is the recipient of numerous awards including the Queen Elizabeth II Diamond Jubilee Medal for his service to Canada. Dr. Bart is listed in Canadian Who’s Who.

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